

# newsletter.

Spring  
2014

For the people of Crawley



As our population continues to grow and live longer, demand on health and social care services continues to rise. More people are living with increasingly complex conditions and the cost of health care is going up.

Alongside this, we want to improve the quality, safety and accessibility of care, learning the lessons from the Francis Report in Mid Staffordshire Hospital and other national enquiries. These improvements will challenge us and will need to be delivered with the support of local people and within current budgets.

Through conversations with local people we know there is a lot of work to do to transform the way NHS care is delivered and run in the Crawley area and to ensure we can meet growing need. We are committed to being open, honest and transparent about our plans and the amount of money we have available to spend.

At Crawley CCG, we endeavour to commission the best health services possible within our allocated budget. We believe that only by working together can we make the most effective use of every pound for the increasing health needs of the people of Crawley and improve the emotional and physical health of local people.

**Alan Kennedy**, Chair

## Proactive Care teams gain national recognition

Teams leading an innovative way of providing patient-led integrated care received a Highly Commended award at the national NHS England Excellence in Participation Awards 2014.

The Proactive Care project won the accolade in the category 'Excellence in Individual Participation – Commissioner Award,' recognising commissioners who are demonstrating excellence in individual patient or service user participation.

Proactive Care is a new way of caring for people with complex

health and social care needs. The approach brings together a variety of NHS and social care professionals into joined-up teams to work alongside GPs and ensure that people get the right support at the right time and from the right care professional.

Lorna Hart, NHS Programme Director for Proactive Care in Crawley, Horsham and Mid Sussex, said: "This is fantastic recognition at national level for the work being carried out by our Proactive Care teams."

The teams work with the person receiving care and their carers

to discuss the best support for them, and provide information and help so they can manage their conditions at home.



# Children and Maternity

NHS Crawley CCG, in partnership with NHS Horsham and Mid Sussex CCG, hosted the first stakeholder event of its kind dedicated to the development of maternity, children's and young people's services.

Health care and social care providers were joined by children's charities and volunteer groups to discuss the successes and challenges faced to help inform and improve future service delivery for babies, children, carers and families.

Guest speaker, at the children's and young people's services event, Grainne Saunders, co-chair of West Sussex Parent Carer Forum, presented the story of a family affected by a son who has cerebral palsy.

Grainne said: "The challenge for local health services is to provide tailored health care that accounts for the needs of the child and the person who is caring for them. Small details can make a big difference to individual care and the impact on health and support services."

The information gleaned at the event will be shared among stakeholders and will be used to shape policy on future children's services.



## Dementia focus

More than 200 Dementia Friends were created in a single day in Crawley - to ensure people living with dementia can go about their daily lives feeling that they are included in their local community.

The alliance leading the Dementia Friendly Crawley initiative (including the NHS,

Borough Council and voluntary sector organisations) hosted a day of information sessions for Dementia Friends on Wednesday 12 March. Participants learnt about what it's like to live with dementia to then turn that understanding into action - from helping someone to find the right bus to spreading the word about dementia on social

media. If you are interested in joining the initiative there is still time to register as a Crawley Dementia Friend at [www.dementiafriends.org.uk/session](http://www.dementiafriends.org.uk/session) (search for Crawley).



# Our Governing body

Our Governing Body oversees the decisions that the CCG makes about local health services, ensuring our activities meet the best standards of quality for the local population.



**Alan Kennedy**  
Lay Chair



**Dr Amit Bhargava**  
Chief Clinical Officer



**Sue Braysher**  
Chief Operating Officer - Joint post with HMS CCG as Chief Officer



**Dr Paul Vinson**  
Clinical Director and Vice Chair



**Barry Young**  
Chief Finance Officer - Joint post with HMS CCG



**Dr Laura Hill**  
Clinical Director



**Mike Baxter**  
Secondary Care Clinician - Joint post with HMS CCG



**Dr Ketan Kansagra**  
Chair of Clinical Reference Group



**Peter Nicolson**  
Lay Member (Public and Patient Engagement)



**Carol Pearson**  
Lay Member - Audit



**Sally Thompson**  
Nurse - Joint Post with HMS CCG

## Crawley Commissioning Patient Reference Group

One of the major challenges facing our Clinical Commissioning Group (CCG) is the need to provide good quality services which are suitable for our ageing population. With increased demand, pressure on hospital bed space and a requirement to maximise the use of every pound spent, we have to make sure all our health services cater for all of our population's needs.

This is particularly relevant to those requiring long-term care. We are already introducing proactive multi-skilled teams (comprising of many different health and social care professionals) and supporting patients to take control of decisions about their care to tailor services to individuals. Through partnerships we are working towards a wider range of community and social services to assist individuals - such as those living with dementia - adapt and continue to live well at home.

One aspect of dealing with an ageing population is the need to address end of life care. Patients and families are often worried about how they will cope with such a difficult issue, which is why the CCG is working to encourage care planning in advance to make sure that patients' preferences are acted on when the time comes. At such a critical time of life, it is surely right that we focus on the dignity of the individual and the wishes they have made?



# Join the network.

**We know that participation from you - our local population - will help to increase the health of people in our communities, and pinpoint areas for improvement**

You can get in touch with us through a variety of ways and all your comments and views are welcome.

You can also join our Health Network. Members receive regular updates and news from the CCG, hear about opportunities to work with us, be part of surveys and consultations and help to improve local health services. Membership is free.



To join the network, or simply to get in touch with us, you can... email us at **CCCG.Contactus-crawleyccg@nhs.net** visit the Get Involved pages of our website at **crawleyccg.nhs.uk**



Write to our postal address at:

**Engagement Team, Crawley CCG, Lower Ground Floor, Crawley Hospital, West Green Drive, Crawley RH11 7DH or telephone us on 01293 600300 ext 4255**

## Save the date

Our joint-AGM (held with our partner CCG, NHS Horsham and Mid Sussex) will be held on 24 July 2014, 5pm for 5.30pm start, at the Crowne Plaza, Crawley.

## Join the conversation

You can even join the conversation and share your thoughts and experiences of local care and services direct with us.

**twitter.com/CrawleyCCG**

**facebook.com/NHSCrawleyCCG**

